

The Curative Crisis

Pre-healing reactions that may occur while recharging the body's energy

When pursuing a natural treatment to restore the body's energy, some individuals may experience pre-healing reactions. This is called the curative crisis, meaning that you may experience temporary discomfort through the same symptoms that you felt before. It is better to suffer this for a few days than to suffer those same symptoms for the rest of your life. If you want to get better, you need to be patient, stay on your program and endure this discomfort.

A person may think, "Before taking these capsules, I was feeling better. But now I feel worse!" In this case, we recommend that you stop taking the capsules for three days, and then start taking them again. If the symptoms reappear, repeat the process. Stop, wait three days, and begin taking them again. Every body is different. Some people feel no negative effects; they just feel better.

When taking the following formulas, specific reactions may occur. This means you are progressing towards true healing.

Formula to calm the spirit:

Chest Pain, backaches, colic, deep depression

Formula to harmonize the liver:

Fever, vomiting, Strong headaches, muscle aches, irritability, nervousness.

Formula to eliminate congestion:

Headaches close to the nape of the neck, diarrhea, constipation.

Formula to ventilate the lungs:

Asthma attack, phlegm, nasal pain, anguish.

Formula to eliminate humidity:

Bad odor in urine, congested urine, backache, earaches, sciatic aches.

Formula to eliminate heat:

Excessive perspiration, fever, uterus bleeding, nose bleeding, inflammation.

Formula to harmonize the energy:

Phlegm, stomach acidity (indigestion), nightmares, tendency to relive or repeat in the mind, past issues.

Formula to nourish the heart:

Calf pain, pain in the sides, numbness in left arm. Some women experience a vaginal discharge of white liquid.

Formula to nourish blood:

Muscle pain, inflammation of feet and hands, diarrhea, nervousness.

Formula to warm the center:

Fatigue, sleepiness, constipation, strong headaches around the temples, weak knees.

Formula to strengthen weaknesses:

Phlegm, chest pain, backaches

Formula to strengthen bones:

Abundant urination, backaches, earaches, sciatic aches.

Formula to humidify the organs:

Diarrhea, constipation.

Formula to generate vital signs:

Inflammation if you have cancer, increased blood production, diarrhea, influenza.